

Shelters & Safe Havens

Shelters and Safe Havens are located throughout the Bay Area to assist youth and adults in their time of needs. Services range from homelessness, emergency placement, as well as referrals and assistance for housing needs. For more information, visit www.sanramon.ca.gov/social_services

Transportation



There are a myriad of public transportation options throughout the San Francisco Bay Area and East Bay area. Transportation options include buses and trains throughout the region. A complete listing of providers and trip planning guides are available through 511 SF Bay at www.511.org.

Looking for transportation to and from your resident to the Alcosta Senior & Community Center, inquire about the Senior Express Van by calling (925) 973-3250.



Mental Health Resources

The Mental Health Resources provides an array of opportunities for partners to work together in the spirit of hope toward recovery. This includes programs and services for children, adolescents, young adults, adults, and older adults of Contra Costa County and the greater Bay Area.

Discovery Counseling
(925) 837-0505

<https://www.discoveryctr.net/>

Crisis & Help Lines

For life-threatening emergencies, call 9-1-1 immediately.

Resources are available 24/7.

Contra Costa Crisis Center
Dial 2-1-1
1-800-833-2900 or text "HOPE" to 20121

Suicide Prevention Lifeline
1-800-273-8255 or
www.suicidepreventionlifeline.org

Veterans Crisis Line
1-800-273-8255 Press 1
<https://www.veteranscrisisline.net/>



SOCIAL SERVICES RESOURCES

City of San Ramon
7000 Bollinger Canyon Rd
San Ramon, CA 94583
(925) 973-2500
www.sanramon.ca.gov/social_services
For emergencies, call 9-1-1.

*"Social Services Resources
for San Ramon residents, all
in one place, because
everyone needs help now
and then."*



Food Resources

Food insecurity is an increasingly prominent issue that many people are facing. A variety of resources including food banks, soup kitchens, food pantries, and more are available throughout Contra Costa County. For more information on these resources, please visit, www.sanramon.ca.gov/social_services



Domestic Violence

Domestic Violence (DV) is defined as "violent or aggressive behavior within the home, typically involving the verbal, physical, and/or psychological abuse of a spouse or partner". Men and women, alike, can be victims of DV and no one should be ashamed. The City of San Ramon and the San Ramon Police Department are fully invested in the safety and wellbeing of your family and offer multiple layers of assistance to help families deal with issues related to Domestic Violence.

Help is available 24/7:

San Ramon Police Department Dispatch
(925) 973-2779

<https://bit.ly/srvictimrights>

For emergencies, call 9-1-1.

STAND! for Families Free of Violence
(888) 215-5555

Stand! provides crisis and emergency response services, emergency shelter, and residential services available 24/7. Services also include children's therapy, community-based support, case management, information, and safety planning.

Legal Resources

Bay Area Legal Aid

- www.baylegal.org/ •
1-800-551-5554

Contra Costa Family Justice Center

- <http://www.cocofamilyjustice.org/> •
925-521-6366

Women's Law

- <https://www.womenslaw.org/> •
1-800-799-7233

Family Violence Appellate Project

- <https://fvapl.org/> •
(510) 858-7358

Non US Citizen Resources

Resources specific to non US citizens is available including legal assistance, policy reforms, and women's law specific to immigrants.

Immigrant Legal Resource Center:

www.ilrc.org

Women's Law: www.womenslaw.org

